

## 2022 St. Tammany GNSOG - 4/3/2022

## Christ Episcopal School

## Results

**Women 50 Meter Dash****Finals**

1	Lawrence, Donna	W50	Out of Parish	7.50
2	Armstrong, Diahann	W55	Out of Parish	7.68
3	Hammond, Debbie	W60	Out of Parish	9.10
4	Henderson, Angela	W50	Out of Parish	9.90
5	Bell, Susan	W60	Unattached	10.51

**Men 50 Meter Dash****Finals**

1	Mack, Alvin	M60	Unattached	7.51
2	Grob, Neal	M55	Out of Parish	7.86
3	Hodges, James	M75	Out of Parish	8.61
4	Gibbs, Dick	M60	Out of Parish	8.89
5	Clayton, Chris	M60	Unattached	9.08
6	Leblanc, Moe	M75	Out of Parish	9.15
7	Baker, Robert	M75	Unattached	9.51

**Women 100 Meter Dash****Finals**

1	Lawrence, Donna	W50	Out of Parish	13.54
2	Armstrong, Diahann	W55	Out of Parish	15.36
3	Hammond, Debbie	W60	Out of Parish	16.94
4	Bell, Susan	W60	Unattached	20.13
5	Henderson, Angela	W50	Out of Parish	20.26

**Men 100 Meter Dash****Finals**

1	Mack, Alvin	M60	Unattached	14.79
2	Grob, Neal	M55	Out of Parish	15.91
3	Clayton, Chris	M60	Unattached	16.32
4	Gibbs, Dick	M60	Out of Parish	16.43
5	Hodges, James	M75	Out of Parish	16.61
6	Leblanc, Moe	M75	Out of Parish	18.42
7	Markey, Carl	M75	Unattached	25.73

**Women 200 Meter Dash****Finals**

1	Lawrence, Donna	W50	Out of Parish	28.91
2	Armstrong, Diahann	W55	Out of Parish	32.49
3	Hammond, Debbie	W60	Out of Parish	36.41
4	Bell, Susan	W60	Unattached	44.42
5	Henderson, Angela	W50	Out of Parish	49.88

**Men 200 Meter Dash****Finals**

1	Mack, Alvin	M60	Unattached	32.01
2	Clayton, Chris	M60	Unattached	32.22
3	Gibbs, Dick	M60	Out of Parish	36.75
4	Leblanc, Moe	M75	Out of Parish	37.59
5	Markey, Carl	M75	Unattached	1:00.10

**Women 400 Meter Dash****Finals**

1	Henderson, Angela	W50	Out of Parish	2:14.94
---	-------------------	-----	---------------	---------

**Men 400 Meter Dash****Finals**

1	Gibbs, Dick	M60	Out of Parish	1:21.78
2	Markey, Carl	M75	Unattached	2:29.49

**Mixed 800 Meter Run****Finals**

1	Gibbs, Dick	M60	Out of Parish	3:15.33
2	Henderson, Angela	W50	Out of Parish	4:57.66

**Mixed 1500 Meter Run****Finals**

1	Smith, Mark	M55	Unattached	5:42.41
2	Gibbs, Dick	M60	Out of Parish	6:55.73
3	Henderson, Angela	W50	Out of Parish	10:32.56

**Women High Jump****Finals**

1	Henderson, Angela	W50	Out of Parish	3-04.00
2	Bell, Susan	W60	Unattached	3-00.00

**Men High Jump****Finals**

1	Clayton, Chris	M60	Unattached	4-02.00
2	Hodges, James	M75	Out of Parish	4-00.00
3	Leblanc, Moe	M75	Out of Parish	3-06.00
4	Baker, Robert	M75	Unattached	3-04.00
5	Bremenkamp, Glenn	M85	Out of Parish	2-06.00
5	Mack, Alvin	M60	Unattached	2-06.00
---	Lyons, Jerry	M85	Out of Parish	NH

**Women Long Jump****Finals**

1	Bell, Susan	W60	Unattached	8-08.00
2	Henderson, Angela	W50	Out of Parish	8-04.75

**Men Long Jump****Finals**

1	Grob, Neal	M55	Out of Parish	15-07.00
2	Hodges, James	M75	Out of Parish	12-06.50
3	Leblanc, Moe	M75	Out of Parish	11-00.50
4	Mack, Alvin	M60	Unattached	10-06.00
5	Baker, Robert	M75	Unattached	10-04.50
6	Bremenkamp, Glenn	M85	Out of Parish	4-06.50

**Women Triple Jump****Finals**

1	Henderson, Angela	W50	Out of Parish	12-08.50
---	-------------------	-----	---------------	----------

**Men Triple Jump****Finals**

1	Grob, Neal	M55	Out of Parish	33-01.50
2	Leblanc, Moe	M75	Out of Parish	25-01.00
3	Hodges, James	M75	Out of Parish	24-00.25
4	Baker, Robert	M75	Unattached	21-03.00
5	Mack, Alvin	M60	Unattached	20-00.00
6	Bremenkamp, Glenn	M85	Out of Parish	9-07.00

## 2022 St. Tammany GNSOG - 4/3/2022

## Christ Episcopal School

## Results

**Men Shot Put****Finals**

1	Murphy, George	M70	Out of Parish	34-02.00
2	DeBrabant, Mike	M65	Out of Parish	33-06.00
3	Baker, Robert	M75	Unattached	30-11.50
4	Gibbs, Dick	M60	Out of Parish	28-01.50
5	Bremenkamp, Glenn	M85	Out of Parish	21-06.00
6	Knightshead, Isaac	M65	Unattached	20-06.50
7	Lyons, Jerry	M85	Out of Parish	20-01.00
8	Elrod, Bill	M85	Out of Parish	18-05.00

**Men Discus Throw****Finals**

1	DeBrabant, Mike	M65	Out of Parish	106-10
2	Baker, Robert	M75	Unattached	82-00
3	Gibbs, Dick	M60	Out of Parish	73-04
4	Lyons, Jerry	M85	Out of Parish	61-11
5	Bremenkamp, Glenn	M85	Out of Parish	50-04
6	Elrod, Bill	M85	Out of Parish	44-02

**Men Javelin Throw****Finals**

1	Baker, Robert	M75	Unattached	90-03
2	Lyons, Jerry	M85	Out of Parish	65-04
3	Knightshead, Isaac	M65	Unattached	52-00
4	Bremenkamp, Glenn	M85	Out of Parish	34-06

**Mixed 800 Meter Race Walk****Finals**

1	Knightshead, Isaac	M65	Unattached	6:27.07
2	Fayerweather, Lois	W55	Unattached	7:07.44
3	Markey, Carl	M75	Unattached	7:12.52
4	Elrod, Bill	M85	Out of Parish	7:49.30

**Mixed 1500 Meter Race Walk****Finals**

1	Knightshead, Isaac	M65	Unattached	12:35.09
2	Fayerweather, Lois	W55	Unattached	13:52.02
3	Elrod, Bill	M85	Out of Parish	15:56.52

## Men - Team Rankings - 1 Events Scored

1)	Out of Parish	10
2)	In Parish	8